

FEBRUARY



I IMBOLC, ST. BRIGID'S DAY

In traditional reckoning of time, this is the day when winter begins to give way to spring: we have reached the halfway point between winter solstice and vernal equinox in the Northern Hemisphere.

2 CANDLEMAS, GROUNDHOG DAY

Tradition has us light every lamp in the house, even for a few moments, at sunset.

Also a traditional weather marker day, in accord with Groundhog Day:
*If the sun shines bright on Candlemas Day,
The half of the winter's not yet away:*

3 ST. BLAISE'S DAY

St. Blaise protects against maladies of the throat.

Enomorous towers are processed through the streets of Catania, Italy, today, and there are special marzipan pastries known as *minne de vergine*.

5 ST. AGATHA'S DAY

8 CHINESE LUNAR NEW YEAR BEGINS

It's the Year of the Monkey.

9 MARDI GRAS: CARNEVALE CONCLUDES

Fat Tuesday in New Orleans, Mobile, Key West, Venezia and other convivial towns. It's also **SHROVE TUESDAY**: Pancakes for supper!

10 ASH WEDNESDAY: LENT BEGINS

Remember man that thou are dust and to dust you shall return. Be kind then. Respect others. Engage life.

14 ST. VALENTINE'S DAY

Our great romantic holiday. Where love takes root, let it grow.

15 PRESIDENTS DAY

Does anyone else miss celebrating just good old Washington's Birthday and Lincoln's Birthday?

20 & 21 LAKE WORTH STREET PAINTING FESTIVAL

Our 21st annual celebration. Artists turn the streets of Downtown Lake Worth into beautiful canvases that last only until the next rainfall.

22 CONCORDIA

Ancient Roman feast of goodwill: family and friends gather for a meal and settle all disputes.

29 LEAP YEAR

Once each four years!



CONVIVIO
bookworks

follow the book of days blog at conviviobookworks.com

Image: Conversation Hearts! This year marks the 150th anniversary of this distinctly American confection.

Convivio Book of Days February 2016 © Convivio Bookworks