

# F E B R U A R Y

1

## *St. Brigid's Day, Imbolc, Candlemas Eve*

The Wheel of the Year shifts and Brigid acts as our bridge from winter to spring: We are 40 days past Christmas and at the halfway point between winter solstice and vernal equinox.

2

## *Candlemas, Groundhog Day*

At sunset, we light every lamp in the house on this traditional weather marker day: *If the sun shines bright on Candlemas Day, the Half of the winter's not yet away.*

3

## *St. Blaise's Day*

St. Blaise, or San Biagio, protects animals and protects against maladies of the throat.

5

## *St. Agatha's Day*

In Sicily today bakers make special pastries called *minne di vergine*, while giant towers are carried through the streets of Catania.

14

## *St. Valentine's Day*

A day for romance:  
Where love takes root, let it grow.



February is a good time to pick up a new book!

17

## *Shrove Tuesday; Mardi Gras*

*Chinese Lunar New Year Begins*

*Ramadan Begins*

In the Chinese Zodiac, this is the Year of the Fire Horse. Today also brings Mardi Gras: the conclusion of the Carnival Season, which began in Venice on January 31, and Shrove Tuesday: We'll have pancakes for our supper tonight! Tonight also is the start of Ramadan, the holy month focused on fasting, humility, patience, and prayer that begins with the initial sighting of the New Moon.

18

## *Ash Wednesday*

The 40 days of Lent begin:  
Remember man that thou are dust  
and to dust you shall return.

22

## *Concordia*

At this ancient Roman feast of goodwill, we gather for a meal to settle disputes.



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Is there any better time to open a book and delve into a new world than during on a wintry day? *Thoughtful Reader* is by Franz Dvorak, painted 1906. Convivio Book of Days February 2026.