



JULY

1

CANADA DAY

Canada's national day, the Fête du Canada.

3

DOG DAYS OF SUMMER BEGIN

Ruled by Sirius, the Dog Star, these are traditionally the hottest days of summer ('til August 15).

4

INDEPENDENCE DAY

The 244th birthday of the United States.

7

TANABATA

The seventh day of the seventh month, with the appearance of stars Vega & Altair, brings the Japanese star festival; wishes are written on paper and tied to the trees.

14

BASTILLE DAY

La Fête Nationale of France.

15

ST. SWITHIN'S DAY

*St. Swithin's Day, if thou dost rain,
For forty days it will remain;
St. Swithin's Day, if thou be fair,
For forty days 'twill rain nae mair.*

16

OUR LADY OF MOUNT CARMEL

Sacred to Chile.

23

NEPTUNALIA & SALACIA

Ancient Roman festival honoring Neptune, the sea god, and his wife Salacia, goddess of the salty sea.

25

ST. JAMES'S DAY

Sacred to Spain.

Oysters for supper.

26

ST ANN'S DAY

Ann, mother of Mary.

29

ST. MARTHA'S DAY

Martha teaches us to engage life and not worry so much about appearances.

31

LAMMAS EVE

Cross quarter day Lammas brings a gentle reminder that summer is waning. First of the harvest festivals.



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CRAFTING GOOD LIVING

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Last July we were visiting Lago di Como at Varenna, Italy. Such a beautiful place.

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