

J U L Y

1

Canada Day

Canada's national day, la Fête du Canada.

3

Dog Days of Summer Begin

Ruled by Sirius, the Dog Star, these hottest days of summer continue to August 11.

4

Independence Day

The USA's semiquincentennial: 250 years!

7

Tanabata

Seventh day, seventh month: the stars Vega and Altair are at their most visible, bringing the Star Festival to Japan; wishes are written on paper and tied to the trees.

14

Bastille Day

La Fête Nationale of France.

15

St. Swithin's Day

St. Swithin's Day, if thou dost rain,
For forty days it will remain;
St. Swithin's Day, if thou be fair,
For forty days 'twill rain nae mair.

16

Our Lady of Mount Carmel
Sacred to Chile.

23

Neptunalia & Salacia

Ancient Roman festival honoring Neptune, the sea god, and his wife Salacia, goddess of the salty sea.



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July often brings the hottest days of summer, as Sirius, the Dog Star, begins rising each day with the sun. This 1904 penny postcard from Germany celebrates *Die Hundstage*: the Dog Days. Convivio Book of Days July 2026.



The Dog Days of Summer begin.

25

St. James's Day

Sacred to Spain. Oysters for supper.

26

St. Ann's Day

Ann, mother of Mary: a patron saint of sailors, protector from storms.

29

St. Martha's Day

Martha teaches us to engage life and not worry so much about appearances.

31

Lammas Eve

First of the harvest festivals. Summer is maturing, reminding us of its waning.
Lammas, with a freshly baked loaf of bread, comes tomorrow.