

MARCH



I ST. DAVID'S DAY

Sacred to Wales. Leeks and daffodils on your lapel.

6 LAETARE SUNDAY (MIDLENT), MOTHERING SUNDAY

Fourth Sunday of Lent, marking the midpoint of the Lenten journey. Our outlook for the day changes from purple to rose. It's also the British version of Mother's Day. Visit your mother, and bring her a simnel cake.

13 DAYLIGHT SAVING TIME BEGINS AT 2 AM

Spring forward one hour.

15 THE IDES OF MARCH

16 ST. URHO'S DAY

The Finns of Lake Worth and Lantana honor today, with a wink and a smile, the man who drove the grasshoppers from Finland.

17 ST. PATRICK'S DAY

Sacred to Ireland. Shamrocks & soda bread mark this day that honors the man who drove the snakes from Ireland.

19 ST. JOSEPH'S DAY

Sacred to Italy. Zeppole & sfinci – fried dough filled with custard and cherries or ricotta cream – bring rich sweetness to Lent.

20 VERNAL EQUINOX 12:30 AM IN LAKE WORTH

Balance. Marks the sun's midway point between shortest day (Midwinter in December) and longest day (Midsummer in June). It's also **PALM SUNDAY**, marking Jesus's triumphant entry into Jerusalem, setting the events of Holy Week in motion.

23 PURIM BEGINS AT SUNDOWN

Graggers and hamantashen!

24 HOLY THURSDAY, MAUNDY THURSDAY

The tradition is to visit three churches at night and sit in the dark and quiet stillness.

25 GOOD FRIDAY

Commemorates the passion of Christ.
A solemn day, a fasting day.

26 HOLY SATURDAY

Solemn Lent concludes at sundown.
Joyful reawakening takes its place.

27 EASTER SUNDAY

Movable feast celebrating the resurrection of Christ. The high point of the Christian calendar and traditionally the height of spring.



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Image: *Petrea volubilis*, common name Florida Lilac, blooms here in Lake Worth every March, casting the sky purple.

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