

I
ST. DAVID'S DAY
Sacred to Wales.
Leeks & daffodils on our lapels.

2
LANTERN FESTIVAL
The conclusion of the
Chinese Lunar New Year festivities.

MARCH

II
MOTHERING SUNDAY,
LAETARE SUNDAY (MIDLENT)
Rose vestments rather than purple. It's Mother's
Day in the UK: Bring your mom a simnel cake.

17
ST. PATRICK'S DAY
Sacred to Ireland. Shamrocks & soda
bread mark this day that honors the man
who drove the snakes from Ireland.

20
VERNAL EQUINOX 12:15 PM IN LAKE WORTH
Balance. Today marks the sun's midway point
between shortest day (Midwinter in December)
and longest day (Midsummer in June).

29
HOLY THURSDAY, MAUNDY THURSDAY
Tradition would have us visit three churches at
night, to sit in the dark and quiet stillness.



16
ST. URHO'S DAY
The Finns of Lake Worth and Lantana honor
today, with a wink and a smile, the man who
drove the grasshoppers from Finland.

19
ST. JOSEPH'S DAY
Sacred to Italy. Zeppole & sfinci – fried or baked
dough filled with custard and cherries or ricotta
cream – bring rich sweetness to Lent.

25
PALM SUNDAY
Marks Jesus's triumphant entry into Jerusalem, setting
the events of Holy Week in motion. (The Feast of the
Annunciation, usually on the 25th, is moved to the
Monday after the Second Sunday of Easter.)

30
GOOD FRIDAY,
PASSOVER (PESACH) BEGINS AT SUNDOWN
Passover commemorates the freeing of the Israelites
from their slavery in Egypt, and Good Friday, the passion
of Christ. It's rare the two fall on the same day.

31
HOLY SATURDAY
Solemn Lent concludes at sundown.
Joyful reawakening takes its place.



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For as long as I can remember, I've helped my mom make Humpty Dumpties as part of the baking in the days preceding Easter. I draw the faces.

We'll post the recipe on the Convivio Book of Days Blog, where you can also read more about all these days.

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